



SoCal League – Coaches Licensing Program

The SoCal Interscholastic Cycling League (the “League”) is excited to launch the High School Coaching Licensing program for the 2009/2010 season. The purpose of this program is to ensure that all head coaches, assistant coaches and ride leaders are sufficiently knowledgeable so as to be a positive influence on all League riders.

For the 2009/2010 season all head coaches are required to obtain a Head Coach license from the League. All other adults must obtain at least a Temporary License. While it is not required for the upcoming season, Asst. Coaches and Ride Leaders are encouraged to begin obtaining a the appropriate license for their position.

Please see the requirements* for each type of license below.

Type of License	First Aid Requirement	Professional Development Seminars	Field Work	Exam	Background Check
Head Coach	WFA, CPR	9 hours	80 hours	✓	✓
Assistant Coach	WFA, CPR	6 hours	40 hours	✓	✓
Ride Leader	Standard First Aid, CPR	3 hours	20 hours	✓	✓
Temporary	-	-	-	-	✓

***These requirements are subject to change as the certification process is refined.**

Wilderness First Aid/Mountain Bike (WFA-MTB) is a 16-hour course designed specifically for the high school mountain bike coach and ride leader; it is offered once a year by the League. Certification lasts for 3 years. Current Wilderness First Responder (WFR) certification also meets this requirement. For information about the next WFA-MTB class offered by the League go to <http://www.socaldirt.org/coach/wfa.htm>.

Professional Development Seminars are offered at the League’s Leaders’ Summit, which is held annually in the fall. Topics range (some of these are required) from *Leadership and Management of a High School Team* to *Working Successfully with Teenagers* to *Managing Risk and Maximizing Safety* to *Creating Appropriate Training Programs*, as well as *MTB 101: Learn the Skills to Teach the Skills*. In the future, Ride Leaders will be able to obtain hours through courses outside the Leaders’ Summit. However, such a program has not yet been established.

Field Work is actual hours spent in contact with high school students while engaged in a high school mountain bike program. Individuals wanting to obtain certification must keep a log of field work hours which must be signed by a head coach (for assistant coaches and ride leaders) or by two parents and certified head coach from another team (for head coaches).

The Exam can be taken after studying the Coaching Manual and attending Professional Development Seminars. The exam will be administered at the Leaders’ Summit (or another time with approval of League Director). The exam tests an individuals knowledge of risk management, skills instruction, first aid and other skills deemed important to coaching a high school mountain bike team. It is recommended that individuals take the exam only after attending the League Professional Development Seminars and studying the Coaches’ Manual.

Background Checks (required for all licenses) are offered through TC Logiq. Each exam costs ~\$24 (though it may cost more depending on your specific search requirements). To begin the process, please visit <http://www.tcllogiq.com/nica>

Continuing Education: In order to maintain a current High School Certification, an individual must keep her/his WFA-MTB certification current and engage in 9 hours of professional development hours (Continuing Education Units) every 3 years. Continuing Education Units are available at the Leaders’ Summit, offered every year by the League, and through other pre-approved organizations (not available at this time).

Temporary Licenses are intended to be a starting point for adults looking to work with high school teams. Temporary license holders are covered under the League’s comprehensive liability insurance. Teams are allocated two Temporary Licenses at no charge; individuals can also purchase Temporary Licenses from the League.