

WFA-MTB REGISTRATION FORM

January 16-17, 2010

Offices of *Mountain Bike Action*

Valencia, CA

Name: _____ Team/Club (if affiliated): _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____ E-mail _____

1. Lodging is available for \$75 per night Saturday and Sunday night at:

Best Western Valencia Inn
27413 Wayne Mills Place
Valencia, CA
(661) 255-0555

Group to ask for is "*SoCal Interscholastic Cycling League*" with rate good through **January 1st**, 2010.
According to the hotel you can combine up to 4 people per room however 2 is more likely due to limited beds in each room.

2. Do you have any food allergies? Vegetarian? Vegan?

3. Do you have any health issues we should know about? (Please provide details on back if necessary)

Have you had any prior first aid training? ____yes ____no. If yes, please describe:

In what capacity will you be working this year (circle one)?

Head Coach / *Asst. Coach* / *Ride Leader* / *Other* / *Rider (11th & 12th graders only)*

PAYMENT

16 hour WFA-MTB Training	\$150
Late registration (after January 4th)	\$175
CPR training (Sat. evening—optional)	\$25
AMK First Aid Kit	\$25
(Adventure Medical Kits— <i>The Adventurer</i>)	

Total Payment included*: \$ _____

(Includes continental breakfast and lunch on Saturday and Sunday.)

*Make checks payable to: **SoCal Interscholastic Cycling League**. Mail registration and payment to:

SoCal Interscholastic Cycling League
805 Camelia Street
Berkeley, CA 94710

Directions

We are excited to be hosted by **Hi Torque Publications**. Publishers of:



The address of the class is **25233 Anza Drive, Valencia, CA 91355**

From southern locations take Interstate 5 north and take exit #170 for Magic Mountain Parkway. Keep left at the fork following the signs for Saugus. Turn left at Magic Mountain Parkway. Take first right onto The Old Road. Take first right onto Rye Canyon Road. Take first right onto West Avenue Stanford. Take second right onto Avenue Hopkins. Take first right onto Anza Drive.

From northern locations take Interstate 5 south and take exit for Rye Canyon Road. Turn left onto The Old Road. Turn left onto Rye Canyon Road. Turn right onto West Avenue Stanford. Take second right onto Avenue Hopkins. Take first right onto Anza Drive.

What to Bring

- Clothing you don't mind getting dirty (we will be practicing techniques and doing scenarios so you may be sitting or lying on the ground.)
- Whatever you generally carry while riding (pack, tools, pump, etc.)
- Warm clothing to wear outside, regardless of the weather, including rain gear
- Sunscreen
- Pen and paper